



Boordevol
Muziek

Ritmische oefeningen 4/4: level 1

m.: Koen Maris

audio.: Marc Van Daele



1

2

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

2

2

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

3

4/4 **2**

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

7

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

4

4/4 **2**

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

7

1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

5

Exercise 5 is written in 4/4 time. It consists of two staves. The first staff begins with a double bar line and a '2' above it, indicating a two-measure rest. The notes are: quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter. The second staff begins with a quarter note, quarter note, quarter note, quarter note, quarter note, quarter note, quarter note, quarter note, quarter note, quarter note, quarter note, quarter note, quarter note, quarter note, quarter note, quarter note. Counting cues are provided below the notes: 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &.

6

Exercise 6 is written in 4/4 time. It consists of two staves. The first staff begins with a double bar line and a '2' above it, indicating a two-measure rest. The notes are: half note, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter. The second staff begins with quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter, quarter. Counting cues are provided below the notes: 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &, 1 & 2 & 3 & 4 &.